

Instructor Babysitting Course Agenda

Welcome,	Handout manuals, House keeping	5 minutes
Explain course	<ul style="list-style-type: none"> • is not certification but will get recognition • target age is 11-14 yrs. • if older group will need to adjust some content 	5 minutes
Go through student manual	<ul style="list-style-type: none"> • 5 chapters • Getting started • Infants, Toddlers, Preschoolers, First Aid • 3 age group chapters are in similar orders • Activities can be done during course or take home • Area for notes in each chapter 	5 minutes
Chapter 1 - Getting started	<ul style="list-style-type: none"> • Safety tips • Resume • Questions to ask parents 	20 mins
Chapter 2 – Infants	<ul style="list-style-type: none"> • What to expect for this age group • Feeding bottles/foods • Changing diapers/clothes • Holding & picking up • Sleeping, Bathing • Playtime, Safety • Activity page 	75 mins
Chapter 3 – Toddlers	<ul style="list-style-type: none"> • What to expect for this age group • Feeding bottles/foods • Changing diapers/clothes • Washroom(new) • Holding & picking up • Sleeping, Bathing • Behaviour(new) 	75 mins

	<ul style="list-style-type: none"> • Playtime, Safety • Activity 	
Chapter 4 – Preschoolers	<ul style="list-style-type: none"> • What to expect for this age group • Feeding • Changing clothes • Washroom • Sleeping, Behaviour, Playtime • Safety • Activity 	50 minutes
Chapter 5 – First Aid	<ul style="list-style-type: none"> • Activity • When & how to call 911 • Look, Talk, Call, ABC • Choking infant & child • Bleeding • Illnesses-Asthma, Seizures, Burns, Poisoning • Allergic reaction • Safety 	100 minutes
Quiz	Write and take up	15 mins
Certificate	Sign all certificates	5 mins

IRM will follow with the student manual

There are some links in chapter 5

Can use Jones and Bartlett DVD if appropriate

Supplies you will need

- 1 Infant manikins per 2 students
- 1 per manikin of each sleepers/outfits/socks
- 1 per manikin made up of 2 different baby bottles
- 1 per manikin made up of 2 different baby spoons
- 1 diaper (newborn) per manikin
- 2 toys per age group

Babysitting Course Agenda

Welcome, Manuals, Housekeeping

Course introduction

Getting Started

Infants

Toddlers

Pre school

First Aid

Quiz

Sign Certificates

